



# *Stathern Star*

**August 2020  
Special Edition**



**Life in Stathern during lockdown:**

It has been an interesting few weeks for all of us and local businesses have really helped us through it. TheCoffee Shot have continued to supply a range of goods to keep us going – everything from meat pies, pork pies and David Cox sausages to plums, asparagus and lemons. They have delivered to those

unable to leave their homes and I know that has been appreciated. Adam and Lou have really supported us and on behalf of the village **a big thank you.**

The Plough too has been supplying take away meals for us including delivery to your door – hot fish and chips on a Wednesday has been lovely. **Thank you Martin and Brooke**

### **STATHERN LOVES CAKE**

Many thanks again to all of you who so generously supported our socially-distanced cake stall in aid of the Grantham Food Bank. In spite of the high wind and small rain shower we manage to dispense huge amounts of cake from the driveway. In case you haven't already heard we raised a magnificent £600 for the Food Bank and as they are able to get special deals, this goes a lot further than the pounds that we spend in the supermarkets.

My sincere thanks to all our cake makers: Yvonne Chandler, Ewa and Teja Woods, Helen Fagan, Jane King, Charla Forinton, Margaret Bloor and Clare Allen who helped to make it happen and to Ewa and Teja for helping on the day. Also, thanks to Lou at the Coffee Shot who managed to supply so many ingredients that weren't available in the supermarkets.

### **Future Diary Dates (depending on Government guidelines at the time)**

Village Market Stall aka Horticultural Show – Saturday 5th September  
Leicestershire Ride and Stride – Saturday 12th September  
Stathern Duathlon – Postponed till 2021

Future events can be found on the Parish website  
**[www.stathernparish.co.uk](http://www.stathernparish.co.uk)**

Closing date for events and articles for the September/October edition is  
**17th August 2020.**

### **Note from the Editors:**

This edition of the Stathern Star looks at the future of Stathern in two ways.

Firstly, it keeps you informed and up to date about what is happening in our village. Normally the Star would contain the Calendar of Events in

and around the village for the next two months, Parish Council updates, Stathern Housing Matters updates, local interest articles and information from the various village groups.

The new “normal” is rather different though, and the groups can only provide information about their current plans and what they have been doing during the lockdown. As guidelines become clearer and lockdown eases, all the groups would welcome the chance to hold their events again and we will keep you informed as this happens.

This other “future “ in this edition is information about the Neighbourhood Plan. You may remember there was a consultation event which started the whole process and after lots of work by a team of village residents, an Open event was planned for the 27th March and then Covid 19 intervened.

The team have got to the stage where they need to consult with residents about the draft Plan and an article about this appears in this edition of the Star. This is being distributed to all houses in the Parish – please read it and comment (details of how to give your responses are in the article). Please provide your feedback – it is important to help determine how this village develops.

Hopefully we will get back to a more normal way of life soon and the Star will once more be telling everyone of the happenings in our busy village.

If you would like the Stathern Star on a regular basis, send an email to **stathernstar@gmail.com** and we will add you to the mailing list.

Take care all and stay safe

Joan and Sheryl

For information, or to submit articles, please contact the team:  
Joan Bray 01949 860602, Sheryl Smart: 01949 860763  
or email - **stathernstar@gmail.com**

## **Stathern Neighbourhood Plan**

**We would really like to hear what you think**

***What is a Neighbourhood Plan?***

Neighbourhood Planning was introduced by the Localism Act in November 2011. It is a way for communities such as Stathern to shape the future of their village up to 2036! It enables us in Stathern to have more say in where new houses, businesses, shops and community facilities may go and it can allocate sites for development. We can use it to define what new development should look like. It also allows us to protect our green spaces and improve our infrastructure.

It adds Stathern-specific detail to the strategic policies contained in the Melton Local Plan and National Planning Policy Framework. Our Plan has to conform generally with these plans, but provides the planners with village-specific information and vision.

### ***What have we done so far?***

Stathern Parish Council took the decision to prepare a Stathern Neighbourhood Plan (NP) and established a steering group involving Parish Councillors and residents, which met for the first time on 17 April 2019. Three theme groups were established to identify the policies needed to deliver an effective NP for the parish, looking at areas such as housing, the environment, community facilities, employment and transport.

This work is nearing conclusion. We had intended to hold an Open Event to share the emerging policies but are unable to do so safely owing to coronavirus restrictions. This document will provide you with a 'taster' of what is in the Plan, but we urge you to read the Plan, which is available on the Parish Council website **[www.stathernparish.co.uk](http://www.stathernparish.co.uk)** or there are hard copies available in the community telephone box library, in the church and one to borrow from the Parish Council Clerk – Justine Collins.

The steering group established a vision for the parish, based on what we felt was special about the village and what was important to us.

## **Stathern Neighbourhood Plan Vibrant | Tranquil | Sustainable | Neighbourly Vision Statement**

**Our vision for Stathern is to conserve the good things from the past whilst shaping a vibrant, tranquil, sustainable and neighbourly village fit for the 21<sup>st</sup> century.**

## **Our Aims are to:**

### **Be Vibrant**

- Welcome and support a diverse community
- Encourage businesses, services and amenities suitable for our evolving village
- Promote Stathern's wide variety of community organisations and assets
- Enable safe active lifestyle activities for all - taking advantage of our village and countryside amenities.

### **Be Tranquil**

- Celebrate and cherish our delightful rural setting, nestling at the foot of the Vale of Belvoir's escarpment
- Conserve the green spaces and network of footpaths, in and around the village, for the enjoyment of all
- Permit measured development which preserves the character of the village and maintains safety on our roads
- Reduce the environmental impact from noise and light pollution
- Promote wildlife corridors, waterways and ponds; plus, mature tree planting in new developments.

### **Be Sustainable**

- Encourage building with materials to respect and reflect Stathern's traditional character and setting
- Develop at a pace which enables absorption and integration, with commensurate services and infrastructure
- Protect views and skyline from and of Tofts Hill, and Stathern Wood - only building on lower lying land
- Encourage variety on new developments with mixed housing types, plot sizes and frontages
- Enhance and support the rural economy including access to high-speed technology.

### **Be Neighbourly**

- Encourage neighbourliness – look out for each other and support Neighbourhood Watch
- Welcome newcomers and new businesses, encouraging their involvement in village life
- Encourage wide support for the village's community and leisure activities and events

- Link new developments to the village by expanding the network of footpaths
- Promote communications within the village and among its organisations.

***Be the village where people still greet each other on the street***

**What you said and what we have proposed**

We shared our vision and aims with many of you at an Open Event on 20<sup>th</sup> September 2019 in the WMI (and at the Party in the Park). We asked you what was important to you, your neighbours and our village over the next 17 years. You gave us plenty to work with! We cannot protect everything and stop all development, but we can steer and influence the planners and local policies.

**- For Housing you said:**

- We need a proper Housing Needs Assessment
- Do we need any more houses if we have reached our allocation?
- There is a need for bungalows to support an older population
- Need affordable homes
- Building materials should reflect the traditional materials used in the village
- Sensitive development, not creating a townscape in a village
- A preference for housing to be developed in the NE of the village not in the centre of the village, on Toft's Hill or the bottom of Mill Hill.

***What we have proposed:***

- Define a Limits to Development boundary around the village
- Provide conditions for any developments within this boundary
- Require new development to be primarily 3 beds or smaller
- Support the Local Plan requirement of increased affordable housing
- Describe what we feel new development should look like to reflect local distinctiveness
- A Stathern Housing Needs Survey has been done.

**- For Heritage and Environment, you said:**

- Important to preserve our historic buildings
- Stathern is an ancient village and has played key roles throughout the century and this history should be protected

- Reinststate village boundary to help conserve the village as a village
- The Red Lion is an important heritage site
- Consider the increasing flood risks
- Protect views and key habitats including hedgerows
- Encourage more wildlife
- Improve footpaths
- Protect our green spaces
- Access to natural places for our children to play
- Need greater diversity of wood/trees/water
- Check Sites of Special Scientific Interest designation

***What we have proposed:***

- Designate important local environmental sites as Local Green Spaces to be protected in perpetuity
  - Protect the woodland, trees and hedgerows\* and increase tree cover with increased planting
  - Identify wildlife corridors and areas where biodiversity should be protected
  - Require that any new development take significant environmental or historic features into account using the information from the Environmental Inventory (carried out by residents over a period of weeks) \*
  - Specifically protect against development up and along Toft's Hill
  - Identify local buildings and structures as "non-designated heritage assets"
  - Protect the remaining Ridge and Furrow fields in the parish\*
  - Resist developments that negatively impact important views
  - Prioritise development sites that are not susceptible to flooding or increase flooding risk
  - Protect and, where possible, extend footpaths
  - Support only small-scale renewable energy generation development.
- \*unless the benefit of the development outweighs the loss

**For Community Facilities, Transport and Traffic, and Employment you said:**

- Car parking is a problem throughout the village

- Volume and speed of traffic coming through the village is concerning
- Footpaths and pavements need looking after and better signage
- Loss of the Red Lion has been detrimental on everyone in the village
- We have poor public transport
- Need more local employment
- Improved broadband.

***What we have proposed:***

- Support improvements to facilities as long as they don't increase traffic flow or parking issues
- Protect existing community facilities unless they are redundant, not viable or a suitable alternative is offered
- Resist any development which creates severe traffic congestion throughout the village
- Require developments to retain off road parking, provide any improvements required to site access and the highway network and to consider creating footpaths and cycleways
- Require new developments to provide electrical charging points for vehicles
- Support retention of existing businesses and welcome new businesses that are appropriate for a community the size of Stathern
- Support extensions where required to enable home working as long as this is in keeping with the character of the building and provides sufficient parking allocation
- Support farm diversification where it does not increase traffic or have an adverse impact on neighbours and provides sufficient parking
- Require all new developments to provide improved connectivity through access to superfast broadband.

## **Community Actions**

***“What we have proposed”*** has been used to develop our Neighbourhood Plan Policies. There are, however, a number of Community Actions that have also been proposed to be undertaken as a parish and will involve residents, parish, borough and county councils as well as other statutory and private bodies' support. These are:



- To investigate traffic management solutions for the village
- To investigate parking issues and feasible resolutions
- To survey footpath access and condition
- To develop an action plan to address traffic and parking issues

More than 30 local residents have been actively involved in these theme groups, developing and refining these policies and actions.

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### ***What happens next? We need you!***

Our DRAFT Plan is now ready and available for “Pre-Submission Consultation Regulation 14” which allows residents and numerous statutory bodies (such as the Environment Agency, English Heritage, Leicestershire County Council and 18 others) to provide feedback on the policies.

Once all the comments are considered (along with yours), and the Plan amended accordingly, we will submit it to Melton Borough Council.

They will undertake a further six-week consultation and send the NP and all comments received to an Independent Examiner. The Examiner will consider the NP against local and national strategic planning policies and make recommendations for any changes felt to be necessary. Once the Examiner’s report has been accepted and the changes made, the final NP will be put before the community of Stathern in a referendum. **The NP will pass or fail on the basis of a simple majority.** Once the NP is ‘made’, it will be used by Melton Borough Council to determine planning applications in the parish.

### ***We need to hear from you!***

Please remember that “What we have proposed” forms the **outline** of our policies to protect and sustain our village. To provide us with feedback, it’s really important that you read the DRAFT Stathern Neighbourhood Plan and comment on the things that are important to you.

The Plan is available on the village website ([www.stathernparish.co.uk](http://www.stathernparish.co.uk)) or you can borrow a printed copy from the Church, village library, one of the steering group members or the Parish Clerk (Justine Collins - 07702 806685). The feedback forms are available on line with the report or with the printed copies.

Anyone with difficulty accessing the documents should contact the Parish Clerk.

Please complete and return the feedback form by 18th September 2020.

**\*\* It is really important that your comments are submitted on this feedback form. This is a statutory consultation process and we need all responses to use the same format. \*\***

Thank you to

- everyone who came along to the Open Event last year and shared thoughts and suggestions
- YourLocale for guidance and expertise along the way
- everyone who has committed huge amounts of time and energy to the theme groups and policy development
- members of the steering group, who have ensured that the Plan is fit for purpose and meets the needs of the village, now and in the future.

**Cherry Underwood**

**Stathern Parish Councillor and Chair of NP Steering Group**

**Steering group members:**

Cllr. Kenneth Bray, Cllr. Robert Smith, Sally Fagan, Caroline Fryer, Scott Hallett, David Mell, Alison Shelton, David Shelton, Lesley Sobey.

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## Stathern Recreation Association (SRA) needs your help!

The SRA has been looking after the playpark for over 20 years. It has put on Party in the Park and other events to raise money for the upkeep of the park and play equipment. The current committee has only one member with children that use the park and is struggling to find new members with children at the school, who use the park regularly.

The majority of the current committee have done their bit and want to step back. If nobody steps up to the mark, the Park Management will revert back to the Parish Council and there will no longer be events and fundraising for the park. When equipment is declared unsafe by RoSPA (The Royal Society for the Prevention of Accidents), who check the playpark annually, it will be removed and not replaced.

It's your Park, if you want to use it then please get involved.

If you can help, please contact Colin Ramsay via the Parish Council.

## WAR MEMORIAL INSTITUTE



The WMI is still shut for classes and is being used as a hub for villagers to collect their groceries through the Coffee Shot. For details of classes running online, please see the WMI Facebook page or contact us on **01949 833508**.

A restored clock was put back up on the hall last month, 54 years to the second that it was gifted to the WMI by Stathern WMI.

We now have Wi-Fi in the hall and are looking forward to using it for classes and events in the future. As lockdown restrictions ease, we hope to organise a special village event in the autumn. Look out for details on our Facebook page and the 'Next Event' poster on the fence!

The committee is currently looking at applying for grants which will help it to provide new community activities pertinent to the social situation at the time.

The 2020 AGM will be held by Zoom on Monday 3<sup>rd</sup> August at 8pm. Please contact us on **WMIquery@gmail.com** for the link to obtain the login details.

## **STATHERN HORTICULTURAL SOCIETY**

For the first time in 26 years, we will sadly not be able to hold the Stathern Horticultural Show in its usual format. However, not to be defeated, there will be an event! Just not as you know it.....

Subject to the various authorities allowing us to proceed, we have a fiendish plan, which we hope you will support. We would like to ask you gardeners, bakers and jam-makers to donate some of your produce, just as you might have done for the normal show. We will then pack this into produce boxes and hold a Village Market Stall. Everyone will be welcome to come on the day (please put the 5th September into your diaries) to choose a box (or two!) and make a generous donation. All proceeds will be going towards fixing the widening crack in the chancel wall of our beautiful church in this very special village where we all live.

Stay alert and keep up to date with how you can support the event via Stathern Star, Stathern Chat on WhatsApp, Facebook, Email and posters. Let's make this a special occasion for the village!

Contacts: Sally Fagan - [\*\*Fagan@dircon.co.uk\*\*](mailto:Fagan@dircon.co.uk)

Kate Jordan – [\*\*pnkjordan@tiscali.co.uk\*\*](mailto:pnkjordan@tiscali.co.uk)

There is not a lot to report this month as we have had to cancel all meetings and visits for the remainder of the year. We will endeavour to rebook all of these events for next year and keep you up to date with any changes.

On the plus side of 'lock down' we have all had lots of spare time to work on our gardens. It's been quite a novel experience having to buy all gardening supplies online, but we've managed and I for one am looking forward to seeing the results as soon as it is safe to do so.

## **STATHERN WOMEN'S INSTITUTE**

Stathern WI Committee thought very hard how to support our members during this difficult time, and we have tried to tackle this in a variety of ways.

In June we decided to deliver to our 33 members, several of whom are living alone or are having to shield during the Covid-19 crisis, a small posy of flowers, locally sourced, to let them know we were thinking of them and to bring a bit

of cheer to a bleak time. The response has been tremendous with many messages of thanks received.

In addition, we have set up our own WI WhatsApp Group, for those members who wish to join, to keep in touch with news and information, sharing recipes plus generally supporting each other. We have tried out Zoom for quizzes and live cooking demonstrations from Bridget's house, including, scotch eggs, canapés and sausage plait. Those members not able to access Zoom have been able to watch the demonstrations by video.

We have also been extremely busy making Scrubs for the ICUs in Leicester Hospitals. Hilary has done a brilliant job in organising everyone, in cutting and sewing tops, bottoms, scrub hats and kit bags for transporting used kit home to wash, plus size labels and also from where they had been donated. We provided 25 tops and bottoms in a range of sizes in under three weeks which we think is pretty good going for a small village W.I ...and dare we say with a little blood, sweat and tears, but enjoyable to the most part and great satisfaction in helping the wider community.

We will get back to 'normality' as soon as is possible and, in the meantime, we hope that everyone keeps safe and well.

<p style="text-align: center;"><b>ST. GUTHLAC'S CHURCH</b> <b>West Vale of Belvoir Group of Churches</b></p>
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**VICAR**

Revd. Jamie Mackay, 1 Church Lane, Old Dalby, LE14 3LB  
Tel: H. 01664 823 475, M. 07946 895 858,  
Email: [revjamiemackay@btinternet.com](mailto:revjamiemackay@btinternet.com)

If you have any enquiries please contact:

Mary Briant, 8 Valebrook Road, Stathern, LE14 4EB  
Tel: H. 01949869448, M. 07773164662,  
email: [marybriant@aol.com](mailto:marybriant@aol.com)

After a lengthy closure due to the pandemic, we opened St Guthlac's on the 19th June for private prayer. During the lockdown the church was regularly inspected and cleaned, and the only problem has been with the jackdaws who have stopped the clock. Whilst there are now precautions in place, such as the

use of sanitisers, and some cordoned-off pews, a number of people have enjoyed the peace and tranquility of the building. You are welcome to visit.

Further relaxations of the restrictions mean that worship services may now be allowed, and we will publicise these when scheduled for Stathern. However, strict precautions will still need to be kept in place to protect everyone from the virus. Meanwhile Jamie, our vicar continues to hold Zoom services every Sunday and if you wish to join the circulation list, please email **petebriant@aol.com**

Bell ringing is currently suspended, with no teaching or practices, although we might be able to ring a maximum of 3 bells for services. The PCC is still active, and we have applied for a Faculty to undertake some drainage work in the churchyard. Hopefully this proposal will be approved with work taking place in the next 2 or 3 months.

We know that the annual Ride and Stride fundraising event will definitely be held on 12th September; it's your chance to cycle between churches to raise money for the maintenance of our precious Leicestershire church buildings, especially St Guthlac's. More details of this and other events later.

## **NEIGHBOURHOOD WATCH SCHEME**



STATHERN NEIGHBOURHOOD WATCH SCHEME is dedicated to improving community safety through the exchange of information relating to criminal and antisocial behaviour. We are in contact with the police, the Parish Council and other NHW schemes throughout the Vale and therefore receive information as to what is happening in and around our surrounding area.

**HOW TO SIGN UP FOR EMAIL ALERTS:** Please consider signing up for the email alerts and updates sent by Stathern NHW scheme. All emails will be sent 'blind' to keep your email address confidential.

Email me: Hilary Patterson, Stathern NHW Co-ordinator at **stathernnhw@gmail.com**

Remember if you see anything suspicious or have anything to report please contact Leicestershire Police by dialing 101. You can now also report online via

the Leicestershire Police website <https://leics.police.uk> In an emergency always call 999. Crimestoppers can be contacted on **0800 555111**.

## **STATHERN | HOUSING | MATTERS**

A quick-fire round-up of housing matters in Stathern

### **Red Lion Inn - single dwelling plus 7 to the rear - 20/00309/FUL**

With over 200 objections, the application was withdrawn by the applicant in early July in order to address the matters raised during the course of the current application and in due course to submit a new application. The 'Save the Red Lion' group opposes the redevelopment of the pub site for housing, and aims to support the community to mobilise to purchase it and return it to a sustainable and valuable community facility. To join SRL, contact Bridget Green, [eastwellspa@gmail.com](mailto:eastwellspa@gmail.com) or 07570 8143212.

### **Tofts Hill/The Green - 9 houses (Redmile) - 19/00741/FUL APPEAL**

The applicant appealed to the Planning Inspectorate for a decision. Melton Planning Committee met on 23rd July to decide on their position for the Inspector. The committee unanimously agreed to oppose the appeal on the grounds of insufficient information on: land stability and hydrology; the inadequacy of the proposed drainage system; and its conflicts with the Melton Local Plan's 'Landscape', 'Settlement Character' and 'Heritage Assets' policies. A decision from the Inspector is now awaited.

### **STAT1 off Main Street - 74 houses (Davidsons) - 19/01302/FUL**

The principle of development on this Melton Local Plan Allocated Housing site is assured. After consultation by the developers with Melton BC, Stathern Parish Council and the village, a revised Masterplan with new proposals has now been issued and a Melton Planning Committee hearing date is awaited.

**Stathern Housing Matters** is an informal voluntary initiative set up to coordinate and share information on housing related matters in Stathern.

**Alison Shelton    [Stathern.Housing.Matters@gmail.com](mailto:Stathern.Housing.Matters@gmail.com)    07801 970883**

## **LOCAL TEA ROOMS REOPEN!!**

The Dove Cottage Charity Shops and Stathern Tea Room are now open!

The Tea Room is open for takeaway orders with a new menu and outside seating. Some is under cover in the new marquee in our lovely garden.

Our trading hours are as follows:

Stathern Tea Room: Monday – Sunday, 10:00am – 3:00pm (last orders 3:00pm)

Stathern Charity Shop: Monday – Saturday, 10:00am – 3:00pm

Over the past few weeks, we've been working on procedures to keep our customers, staff and volunteers safe, whilst providing the best shopping and foodie experience. We look forward to welcoming you to our Stathern Charity Shop and Tea Room soon!

For more information, please see

<https://www.dovecottage.org/dove-cottage-charity-shops-reopening/>

## *Brickyard Tea Garden*

### **Old Brickyard Secret Tea Garden are back serving Safe-Tea**

We're delighted to announce that until the end of August every Saturday, Sunday, Monday and Tuesday we will be serving tea and cake in our Secret Garden from 10am until 5pm.

We've converted our Summer House into a chic tea boutique, where you can browse and buy safely using contactless card, our own Old Brickyard branded loose leaf teas, tea paraphernalia, vintage china, cards, art, handmade gifts and local Scalford honey. We will continue to support Hope Against Cancer, the local Leicestershire and Rutland Cancer Research charity, by selling various items. Our dry composting loo, and all we offer and do, will comply with government guidelines to ensure a safe experience. We have created the perfect safe outdoor space for you to escape and meet with your friends and family.



## CONTACT NUMBERS

**Baby and Toddler Playgroup**  
Alice Tranfield (07756 686682)

**Belvoir Dance Academy**  
(07786 545113)  
Clare Calder (Ballet, tap & modern)

**BelvoirCare** (event first aid & training)  
Martin Fagan (01949 898333)  
training@belvoircare.com

**Belvoir Vale Bowls Club**  
Malcolm Britton (01664 434490)

**Belvoir Vale Tennis Club (Hose)**  
01949 861946

**Brownie Guides (Harby)**  
Viv Hewson (860354)

**Dog Wardens**  
860138 and 861341

**Eastwell History Group**  
John Wood (01949 861836)

**FLAG (Framland Local Archaeological Group)**  
Tony Connolly (01476 870072)

**Friends of Stathern School**  
Mary Swain (07966 082955) or  
Stathern Primary School

**Harby Girl Guides**  
Amy Schofield (860723)  
harbyguides@gmail.com

**Harby Harlequins**  
Paul Steward (860112)  
Sally Fagan (860167)

**Long Clawson Cubs & Scouts**  
Lisa Allen (07900 620819)

**Neighbourhood Watch Coordinator**  
Hilary Patterson (869198)

**The Royal British Legion**  
Liz Hourd (860332) or  
Graham Shipman (860874)

**Speedwatch**  
Judith Daws (860138)  
e-mail: judithdaws@f2s.com

**St Guthlac's Church PCC**  
Roger Hawkins (860215)  
Mary Briant (869448)

**St Guthlac's Bell Ringers**  
Roger Hawkins (860215)

**Stathern Horticultural Society**  
Bob Wadsworth (861432)

**Stathern Housing Matters**  
Alison Shelton (07801 970883)

**Stathern Neighbourhood Plan**  
Justine Collins (07702 806685) or  
StathernNHP@gmail.com

**Stathern Parish Council/Allotments**  
Justine Collins (Clerk) 07702 806685

**Stathern Primary School**  
The School Secretary (860316)

**Stathern Recreation Association**  
Daniel Swain (869690)

**Vale of Belvoir Arts Society**  
Eddie Lilley (861409)

**The Vale Choir (Church Choir)**  
Richard Hedley (861747)

**Vale Striders Running Club**  
Pete Leonard 01949 861400

**Vale of Belvoir Ramblers**  
01949 836042

**Village Library – Telephone Kiosk**  
Sally Fagan 860167  
fagan@dircon.co.uk

**War Memorial Institute**  
Alison Shelton (01949 833508)  
wmiquery@gmail.com

**Women's Institute - Secretary**  
karen.matthias@btinternet.com

## LOCAL BUSINESSES AND SERVICES

### Village facilities

#### **COFFEE SHOT**

Fabulous cakes, tea & coffee, sandwiches, breakfast rolls, bread, milk, sweets, newspapers & lots more  
Opening hours are:

Monday - Friday - 7am - 4pm

Saturday - 8am-3pm

Sunday - 9am-1pm

**Tel: 01949 869063**

**Website: [www.coffee-shot.co.uk](http://www.coffee-shot.co.uk)**

#### **POST OFFICE AT THE PLOUGH**

Monday 9am – 1pm

Thursday 8:30am – 10:30am

Friday 9am – 1pm

### Local Services

#### **BELVOIR FUELS**

Suppliers of all household coal, charcoal and kindling.

Winter discount for pensioners

Station yard, Harby Lane

**Tel: 01949 860510**

#### **NICHOLSONS**

General Building Work & Property Maintenance (based in Stathern)

Plastering, Rendering, Injection Damp Proofing, Joinery, Plumbing, Kitchens & Bathrooms, Home Maintenance, Decorating, Conservatories, Extensions, Driveways, Fencing and Roofing.

Fully Insured

Not job too big or too small

**Call 01949 729505 or 07763 702379**

### Places to Stay

#### **THE OLD NURSERIES**

Boutique Bed and Breakfast in Stathern

**[www.theoldnurseriesbandb.com](http://www.theoldnurseriesbandb.com)**

**Email:-[deb.beevers@gmail.com](mailto:deb.beevers@gmail.com)**

**Telephone:- 01949 869167 / 07976315912**

#### **CR HOME & GARDEN SERVICES**

Getting around to the jobs you don't have time for. General home repairs, garden maintenance, fencing, landscaping patios and grass cutting.

**Tel: 01949 861880 – 07969 686157**

#### **STATHERN CLEANING SERVICES**

Scott Wombwell -window cleaner, general outside maintenance including gutter clearing.

**Tel: 0796 8948692**

#### **COMPUTER SOS**

Computer repairs, new computer/laptops, refurbished equipment etc. Repairs undertaken in your own home.

**Contact Brian Kirk**

**Tel:01949 861834 or 07894 352517**

#### **MOBILE HAIRDRESSER**

Based in Stathern

Over 20 years' experience

Very competitive prices

**Call Samantha**

**Tel: 01949 860459 or 07963 745312**

### Mums and Toddlers

#### **PLAYGROUP**

Every Friday during term time from 09:30 – 11:30am.

Babies to school age; £2:25 per family  
Stathern WMI

**Contact Alice Tranfield on**

**07756686682 or**

**[alicetranfield@hotmail.com](mailto:alicetranfield@hotmail.com)**

<p><b><u>Exercise and Leisure:</u> – please check classes are running before attending due to Covid restrictions</b></p> <p><b>HATHA YOGA FOR EVERYONE</b>  <b>Monday:</b> 7pm-8:30pm Yoga at Eaton Village Hall (£6 per class)  <b>Tuesday:</b> 6-7.15pm Yoga at Hose Village Hall (£7 per class)  <b>Thursday:</b> 9:30-10:45am Yoga at Eaton Village Hall (£6 per class).  All drop-in sessions.  <b>Contact Erica on 07805 206976</b></p> <p><b>31 DEGREES LEISURE DAYS</b>  An exclusive Spa based in the village of Eastwell offering private Spas for groups of between 4 -14 people. For details see the website  <b><a href="http://www.31degreesleisuredays.co.uk">www.31degreesleisuredays.co.uk</a></b>  <b>Contact Bridget on 07570 813212</b></p> <p><b><u>VALE SPORTS &amp; REMEDIAL MASSAGE</u></b>  Sports, remedial or relaxation massage available from Plungar daytime and evening.  - relax your body and mind  - relieve back/neck pain  - aid recovery after injury  - reduce headaches/migraines  <b>Call or text Julia: 07955 668509 / 01949 485007</b>  <b><a href="http://www.valefitness.co.uk">www.valefitness.co.uk</a></b></p> <p><b><u>KETTLERCISE WITH SARAH</u></b>  WMI on Mondays @ 9:30-10:30am  A workout with kettlebells that integrates resistance and aerobic movements to maximise fat burn, build lean muscle and improve your overall fitness levels.  An invigorating, safe and easy-to-follow group exercise class for men and</p>	<p><b>LOCAL EXERCISE CLASS</b>  Monday 8-9pm Harby Village Hall  <b>Tuesday</b> 10:15 - 11am Hose Village Hall (Lower intensity)  <b>Tuesday</b> 7:30 - 8:30pm Waltham Village Hall  <b>Friday</b> 9:30 – 10:30am Waltham Village Hall  All classes £3:75 (Hose £3:50) pay as you go.  Contact Suzanna Rathbone RGN RM (Register of Exercise Professionals)  <b>Tel: 01949 860911</b></p> <p><b>PILATES WITH ALICE</b>  <b>Eaton Village Hall</b>  Mondays 5:30-6:40pm  <b>Stathern Village Hall WMI</b>  Wednesdays 9:30-10:30am  <b>The Club at Sedgebrook</b>  Wednesday 7:30-8:30pm  Sessions £6 drop in.  * All levels welcome.  <b>For more info call 07756 686682 or <a href="mailto:alicetranfield@hotmail.com">alicetranfield@hotmail.com</a></b>  Just bring a mat or one can be provided.</p> <p><b>SUPPLE STRENGTH CLASSES</b>  Engage your mind as well as your muscles!  Blending elements of Pilates, Yoga and body conditioning, Supple Strength is a challenging Non-impact workout.  <b>Monday. 7.00 – 8.00p.m. Plungar Village Hall</b>  Give me a call or check out my website or Facebook page to find out more.  Class leader: Debbie Jane Carruthers  Registered Exercise Professional  <b>Tel: 07590 693531</b>  <b><a href="mailto:Debbie@supplestrength.co.uk">Debbie@supplestrength.co.uk</a></b></p>

<p>women that can be tailored to all standards of fitness.  <b>For details visit <a href="http://www.fitbelvoir.com">www.fitbelvoir.com</a> or call Sarah on 07747 797 116</b></p>	
<p><b><u>Arts and Crafts</u></b></p> <p><b>ART CLASS</b>  Wednesday 10am - 12noon Eaton Village Hall (except last Wednesday of the month)  £4.50 incl. tea/coffee and biscuits!  Beginners welcome.  <b>Contact Erica on 07805 206976</b></p>	<p><b><u>Counselling and self help</u></b></p> <p><b>VALE OF BELVOIR COUNSELLING</b>  3 City Road  Individual or couples counselling.  Experience in issues including relationships, loss and bereavement, domestic and sexual violence, stress, anxiety, low self-esteem and anger management.  <b>Contact Kathy for further information on 07773010498</b>  <a href="http://www.valeofbelvoircounselling.co.uk">www.valeofbelvoircounselling.co.uk</a></p> <p><b>Louise Page</b>  <b>VALE THERAPY</b>  Mind coaching, hypnotherapy, NLP and PLR to help you with life's challenges. Specialises in stress, anxiety PTSD, cPTSD plus relaxation and mindfulness  <a href="http://www.valetherapy.co.uk">www.valetherapy.co.uk</a>  <b>Contact: 07960 839122</b>  <a href="mailto:valetherapy@yahoo.co.uk">valetherapy@yahoo.co.uk</a></p>